

# Introduce Children to the Healthy Joys of Yoga and Mindfulness

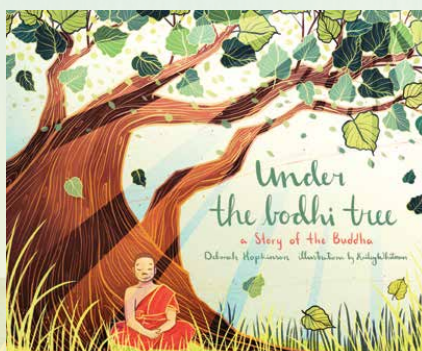
It's never too early to help little ones manage stress, develop body awareness, and learn skills that last for life.



Yoga Bear  
**AUGUST 2018**  
 9781683640752  
 \$9.95 • Board Book • 6x6  
 Ages 0-4



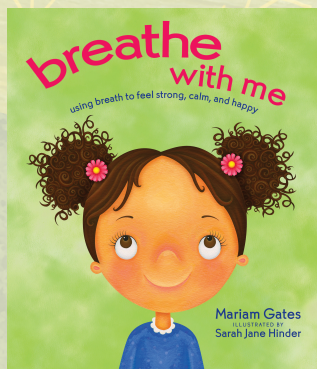
Yoga Bug  
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 \$9.95  
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Under the Bodhi Tree: A Story of the Buddha  
**SEPTEMBER 2018**  
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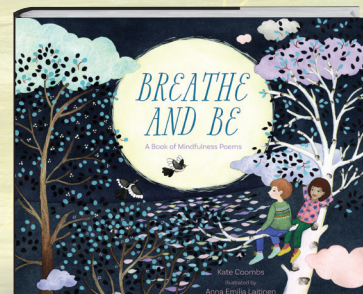


Breathe With Me  
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In 2015, Sounds True published our first ever children's book, *Good Night Yoga*. This book remains one of our all-time most successful first releases and has led the way for the launch of our new line of children's books.

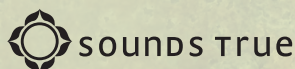


I Am A Warrior Goddess  
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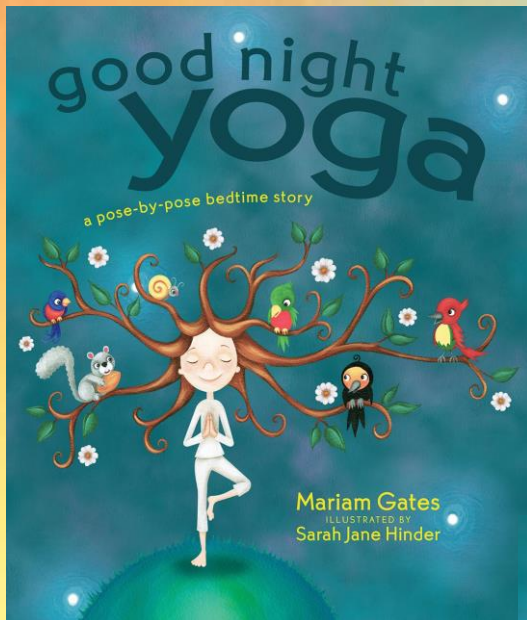
Breathe And Be  
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 Ages 4-8

By learning a mind-body connection at an early age, children can develop focus and concentration, boost self-esteem, refine balance and coordination, and enhance physical flexibility. Kids will delight in our easy-to-follow and beautifully illustrated books that make yoga and mindfulness accessible and fun!



Please send orders to: [retailcustomerservice@baker-taylor.com](mailto:retailcustomerservice@baker-taylor.com)

# the good night yoga series



Our bestselling bedtime favorite is a fun way for kids and their caretakers to relax and unwind at the end of the day.

## Good Night Yoga

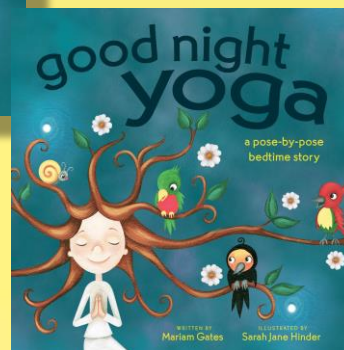
Mariam Gates & Sarah Jane Hinder

ISBN: 9781622034666

US \$17.95 • Hardcover

36 pages • 8¼ x 9¾ in

Ages 4-8



**A board book edition.**

## Good Night Yoga

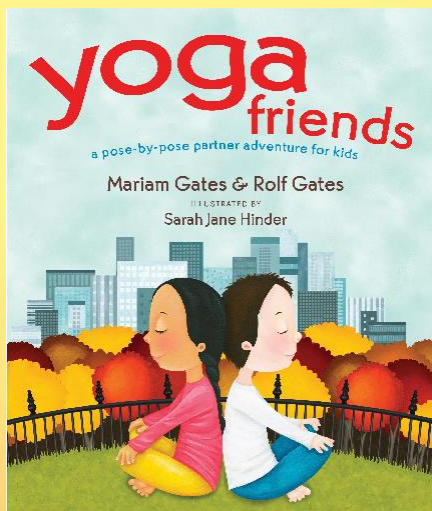
ISBN: 9781683641070

Pub Date: **1-May-18**

US \$9.95 • Board Book

24 pages • 6 x 6 in

Ages 0-4



## Yoga Friends

Mariam Gates,

Rolf Gates,

& Sarah Jane Hinder

ISBN: 9781622038169

Pub Date: **1-Apr-18**

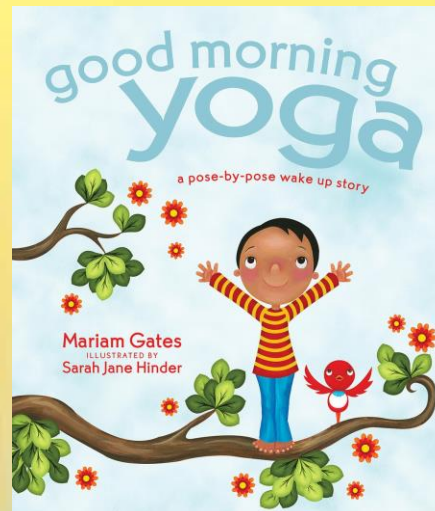
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A beautifully illustrated city adventure that introduces children to the delights and benefits of partner yoga.



## Good Morning Yoga

Mariam Gates &

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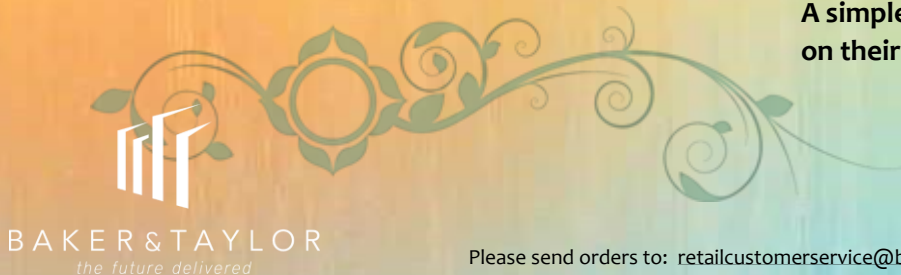
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A simple yoga flow to empower children to embark on their day with intention and confidence.



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